

STRUDWICK

BUILDING DEFENCEMEN



Jason Strudwick

**Former NHL Defenceman
Presents**

**Building D-Men, One Skill At A Time
with Quality Instruction !**

Terwillegar D Arena

Spring Camp May 4 & 5, 2019

With over 600 NHL Games and 17 years of Professional Hockey, I would like to share my extensive experience playing the position of defenceman. I talk with coaches from Atom to the NHL level. They all ask the same thing... Where can I find solid defencemen? The speed of the players and the quickness of the game makes it the hardest position to play. I spent my entire career learning and creating ways to play the position. All players need to be aware of where they are on ice and how to protect themselves if being hit.

The Spring Camp Fee is \$135.00 and Includes:

- ◆ Total of 2 hours on ice with Jason Strudwick
- ◆ 1: 7 Ice Instructor to Player Ratio
- ◆ Intermediate and Advanced Levels
- ◆ Atom to Midget players
- ◆ Strudwick D-Man T-Shirt !



**STAY TUNED..... Jason is excited to announce his
summer D-Man Camp AUG. 19-23, 2019 at South Side.**